



CLASS SCHEDULE

Effective February 1, 2010

Mon	TUES	WED	THURS	FRI	SAT
4:00 – 4:45	4:00 -4:45	4:00 – 4:45	4:00 – 4:45	-	10:00 – 10-45
-	5:00 – 5:45	-	5:00 – 5:45	-	11:00 – 11:45
6:000 – 6:45	6:00 – 6:45	-	6:00 – 6:45	-	-
7:00 – 7:45 (BB)	-	-	7:00 – 7:45 (BB)	-	-

Classes are “all ages and all levels” except
 BB = Black Belt Class – open to BLUE belts and higher.

Testing on the first Saturday of each month at 10:00 am.
 No other classes that day.